



Type 1 Diabetes and Vomiting “Never Assume”

Every person with Type 1 Diabetes who has nausea or vomiting MUST be assumed to have diabetic ketoacidosis (DKA) until proven otherwise.

- Vomiting requires URGENT assessment by checking blood glucose and blood ketones.
- RAPID deterioration can occur in DKA and may be life-threatening.
- **NEVER ASSUME** that the cause of vomiting is food poisoning, “gastro”, excessive alcohol, migraine, coeliac contamination or any other cause **until** it is clear that:
 - Insulin has been effectively administered and
 - Blood glucose and blood ketones are not elevated.